# MILWAUKEE COUNTY SENIOR DINING MUSLIM COMMUNITY & HEALTH CENTER



803 W. LAYTON AVENUE For Curbside Pick-Up





## **NOVEMBER**

MONDAY		TUESDAY		WEDNESDA	Y	THURSDAY	FRIDAY
Chicken Fajita Wrap w/Veggies Falafel Salad Raita Apple	2	ELECTION DAY Macaroni w/Ground Beef Hummus Salad Pita Bread Banana	3	Chicken Makhani Chana Masala Naan Bread Salad Pear	4	Chicken Biryani Mixed Vegetables Naan Bread Salad Raita Fruit	6 CLOSED
Hamburger French Fries Green Beans Salad Dressing	9	Kebab w/Rice Hummus Salad Pita Bread	10	Frontier Rice Palak Paneer Naan Bread Salad Raita	11	Afghani Kabab Bhindi Masala Naan Bread Salad Chatni Fruit	CLOSED
Orange Shredded Chicken Rice & Vegetables Falafel Salad Pita Bread Banana	16	Apple Ground Beef Rice Grilled Vegetables Hummus 2 Pita Bread Salad	17	Chicken Karahi Shahee Paneer Naan Bread Salad Melon	18	Chicken Makhani Daal Channa Naan Bread Salad Fruit	20 CLOSED
Shredded Beef Potatoes Salad Raita 2 Pita Bread Fruit	23	Orange Grilled Chicken Rice Grilled Vegetables Baba Ghanouj Salad Pita Bread	24	Afghani Kabab Mixed Vegetables Naan Bread Salad Chatni Pear	25	THANKSGIVING DAY 26	27 CLOSED
	30	Apple		ir cai		CLOSED	

Chicken & Potato w/Red Sauce Hummus Salad/Raita 2 Pita Bread

Orange

1:30 LUNCH
RESERVATIONS REQUIRED
CALL: 939-4411

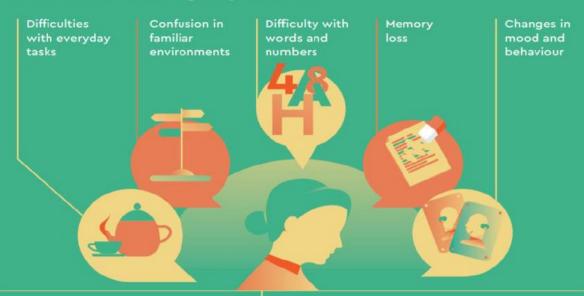


### **DEMENTIA**



### A public health priority

#### What are the symptoms?



#### Who is affected?



## What is the cause?

Conditions that affect the brain, such as Alzheimer's disease, stroke or head injury



#### What does it cost?



US\$818 billion: estimated costs to society in 2015



US\$2 trillion



Majority of people who will develop dementia will be in low- and middle-income countries



Families and friends provide most of the care

Carers experience physical, emotional and financial stress



CONTACT YOUR MILWAUKEE COUNTY DEMENTIA CARE SPECIALISTS: dcs@milwaukeecountywi.gov or 414.289.6259